



PA



2025-26

SEASON PACK



INTRODUCTION

Hello and WELCOME to the 2025-2026 season at PEAK ATHLETICS. In this pack you will find the information for the 2024-2025 season, there is a lot of information regarding training, fees, competitions, uniform etc. Please download a copy to keep for reference. We cant wait to have you on board.

Let's begin here.

Here at Peak Athletics we have teams/classes to suit all ages and abilities

WE OFFER BEGINNER, NOVICE,
PREP AND ALL STAR
CHEERLEADING



RECREATIONAL CHEER



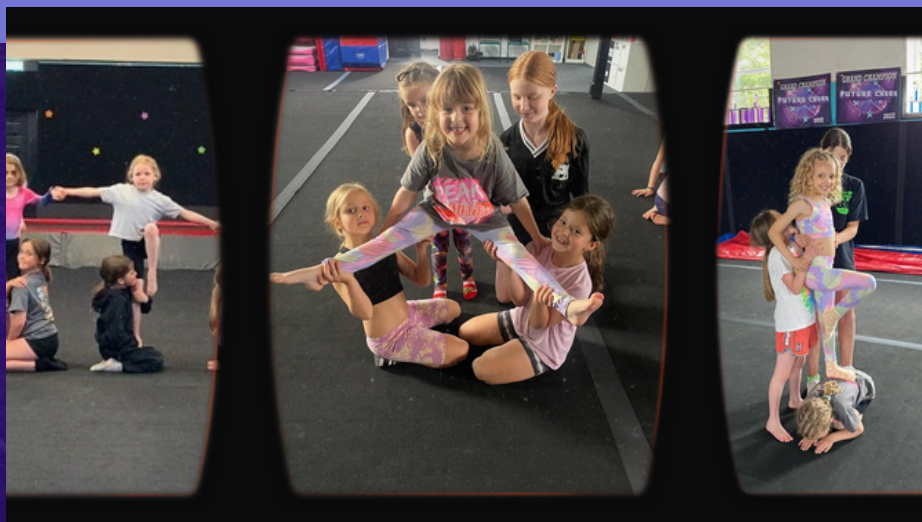
Beginner cheerleading classes are designed for those new to cheerleading with little or no prior experience. They focus on teaching the fundamentals of cheerleading in a safe, supportive, and fun environment.

Beginner cheer classes typically cover:

- Basic motions & arm positions
- Jumps
- Stunting fundamentals
- Beginning tumbling (Floor based gymnastics skills)
- Simple choreography

WEDNESDAYS 4.30-5.30PM

AGED 5-9





Our TUMBLE PROGRAMME

RECREATIONAL TUMBLE

A weekly fun class focussing on all levels of tumbles in a fun and friendly environment. Separated by age. Term time only

AGE 6-9

Wednesdays
5.35-6.35pm

AGE 10-15

Wednesdays
6.20-7.20pm

MONTHLY FEE

TEAM		MEMBERSHIP FEE	FEEs SEPT-AUG
		DUE by 1st training session	Payment taken on the 1st of each month
CHEERLEADING			
Rec Cheer (Term time only, NO payment in August)		N/A	£30.00
TUMBLING			
Recreational tumbling (Term time only, NO payment in August)		N/A	£30.00
COMBINED TRAINING			
Rec Cheer and tumble		N/A	£50.00

Monthly fees are collected automatically by our registration system COACHA

NO FEE!



RECREATIONAL PACKAGE

- Access to our own dedicated space of a 7-panel sprung floor, tumble track, tumbling equipment, sound system and video playback
- Invitation to our annual Showcase event and fundraising events.
- Optional t-shirt

HOW TO SIGN UP



New to Peak Athletics?

Scan the QR to start your registration



Peak Athletics – Athlete Record Request

Please fill in the form below to register your interest in joining Peak Athletics. Your athlete record will then be created on our system.

Peak Athletics use Coacha to manage and administer our club admin. All of your information is securely locked up in the cloud. Please try to ensure all information is correct and accurately entered.

1 **2**

Basic Information

Athlete Information

First Name *	Last Name *	DOB *	19	Mar	2020
Email	Mobile	Other Number			

NOTE: Please enter parent or NOK email address for this minor in the NOK/emergency contact section below

House Number or Name	Address Line 1	Address Line 2			
Town or City	County or Area	Postcode			

Next of Kin / Parent / Guardian Information

First Name *	Last Name *	Mobile *			
Email *	Relationship to Athlete	<input type="checkbox"/> Is this the primary contact instead of the Athlete?			
Contact 2 Name	Contact 2 Mobile	Contact 2 Email			

Returning members

- Log in to your Coacha profile
- Check your information is up to date
- Assign yourself to your new classes
- Select the correct payment link
- Await membership confirmation and payment link

Questions? Just get in touch

Weekday Class Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday
10:00-10:45am					
4pm					
5pm					
6pm	Tiny Tumble Ages 4-6	Tumble B 5:15pm-6:15pm	Recreational Tumble 5:35pm-6:35pm	Elevation U12s 5:15pm-6:45pm	Gym Hire Available
7pm	<div>NEW</div> STUNT GROUPS Age **Get in touch	Tumble C 6pm-7pm	10+ Recreational Tumble 6:20pm-7:20pm	Zenith U14s 6.30-8pm	
8pm	Adult Tumble Age 18+	Eminence U18s 7.15-9.15pm	Altitude Adult Cheer Age 25+ 7:30pm-9:30pm		
9pm	6:00pm-8:45pm				



25/26 CALENDAR

AUG	22	Sign-up Deadline
SEP	6	Welcome day
SEP	9	New season begins
SEP	13	Fundraiser 1- Gym Sleepover
OCT	28	October Half Term
DEC	15	Christmas FUN week
DEC	22	Gym Closure

Full calendar can be found on Coacha

BE A PART OF OUR COMM UNITY!

I ended up signing up to cheer after taking my niece to one of her competitions and I thought 'I cant do that BUT I want to do that' and thanks to Peak Athletics I DO THAT

My child has been a part of PA for the last 4 seasons, she absolutely loves it and her confidence has grown so much. I cant believe its her when I'm watching her perform

A great community to be part of. Both my girls love their time at cheer



<https://www.peakathleticscheer.com>



hello@peakathleticscheer.com



[@peakathletics22](https://www.instagram.com/peakathletics22)



Peak Athletics